

# 40 Skating Leisure Skating Information

## Public Skate

A leisure skate that everyone can attend. Supervised evenings and weekends only.

## Family Skate

A leisure skate specifically offered for families with young children. Skating aids are permitted in designated areas. Supervised evenings and weekends only.

## Youth Skate

A supervised leisure skate for teenagers between 13 and 17 years of age.

## Adult Skate

A leisure skate for adults aged 18 years and older. Not supervised.

## Parent & Pre-schooler Skate

A leisure skate for parents with children aged 5 years and younger. Parents must accompany their children on the ice wearing skates. Skating aids are permitted. All children are required to wear CSA approved hockey helmets. Supervised on evenings and weekends only.

## Shinny Hockey

A pay-as-you-play drop-in program for hockey players. Full hockey equipment is required, including a CSA approved hockey helmet. Two goalies play for free. Referees are not provided. Not supervised.

Adult Shinny - for adults 18 years and older

Youth Shinny - for youth 13 - 17 years of age

Senior's Shinny - for 50 years and older

## Stick & Puck - Parent & Child

The purpose of this program is to provide an opportunity for parents to help their children practice and develop skating, stick-handling and passing skills in a relaxed, non-competitive atmosphere. All children and parents are required to wear CSA approved hockey helmets, and children are required to wear full face masks. This is not a shinny hockey program. See Stick & Puck rules below. Nets and assistance skating devices are not permitted on the ice.

## Stick & Puck - Adult

The purpose of this program is to provide an opportunity for adults (ages 18 years and older) to practice and develop skating, stick-handling and passing skills in a non-competitive atmosphere. All participants are required to wear CSA approved hockey helmet. This is not a shinny program. Scrimmages and goalies are not permitted.

## Leisure Skating Rules

- > Patrons must respect, listen to and follow instructions from staff.
- > Please report all accidents or injuries to staff immediately.
- > CSA-approved hockey helmets are strongly recommended for all skaters.
- > Children 7 years and younger must be accompanied and supervised by a guardian who is 14 years or older. Maximum of 3 children per guardian.
- > Only persons wearing skates are permitted on the ice surface.
- > Enter onto the ice surface only after the Ice Resurfacer is off the ice, and the Ice Resurfacer doors are completely closed.

### The following are not permitted on the ice surface:

- > Carrying children (including baby carriers).
- > Headsets, cell phones or hand-held electronic devices.
- > Food and drinks.
- > Strollers and chairs.
- > Games, tag, rough-play, figure skating manoeuvres, backward skating or speed skating.

### The following rules apply to the use of Skating Aids, Wheelchairs and Ice Sledges:

- > Skating aids are permitted in designated areas only. You must provide your own.
- > Wheelchairs are permitted on the ice once their wheels have been cleaned.
- > Persons accompanying persons in wheelchairs or ice sledges must be skilled skaters wearing ice skates.
- > Wheelchairs and ice sledges must not interfere with the flow of the skater.

## Shinny Hockey Rules

- > Shinny hockey participants must wear full hockey equipment, including CSA approved hockey helmets.
- > A maximum of 2 goalies will be admitted for free.
- > A maximum of 25 skaters will be permitted on the ice.

## Stick & Puck Rules - Parent & Child

- > Children participating in Stick & Puck must be accompanied by an adult on the ice at all times. Maximum 2 children per adult.
- > Children must wear a CSA approved hockey helmet with full face mask. Full hockey equipment is recommended. Adults accompanying their children must wear a CSA approved hockey helmet.
- > Adults should not be shooting pucks for the safety of all participants. Slapshots are NOT permitted.
- > Nets are not permitted on the ice.
- > This is not a shinny hockey program and therefore, pick-up games are not allowed. Hockey teams are not accepted. Coaches are not permitted to bring players for practice purposes.
- > There are designated times for adults with pre-school children 5 yrs and younger and for adults with children 6-10 yrs old. Please respect these guidelines for the safety of all participants.
- > Specific capacity restrictions apply to this program. No more than 25 pairs (adult + child) or a total of 50 participants will be permitted on the ice.

## Stick & Puck Rules - Adult

- > Participants must wear a CSA approved hockey helmet and full hockey equipment is recommended.
- > Slap shots are not permitted
- > Nets will be provided on the ice
- > This is not a shinny hockey program and therefore, pick-up games are not allowed.
- > Specific capacity restrictions apply to this program. No more than 30 participants will be permitted on the ice.